

SURGEON EXPERT IN OBESITY: FOCUSED ON
PATIENT HEALTH THROUGH BARIATRIC SURGERY

DR. OSCAR LUMBÁN

GENERAL SURGERY, BARIATRIC AND LAPAROSCOPIC SURGERY



DR. OSCAR LUMBÁN

Professional ID
1402838

We have a fight against a world health problem: OBESITY. I have been involved in bariatric surgery for the last 15 years, it has been a journey full of satisfaction.

The results are more than enough to motivate me to continue with an active role in this fight against obesity. That is why I offer my experience and honesty, to each and every one of my patients.

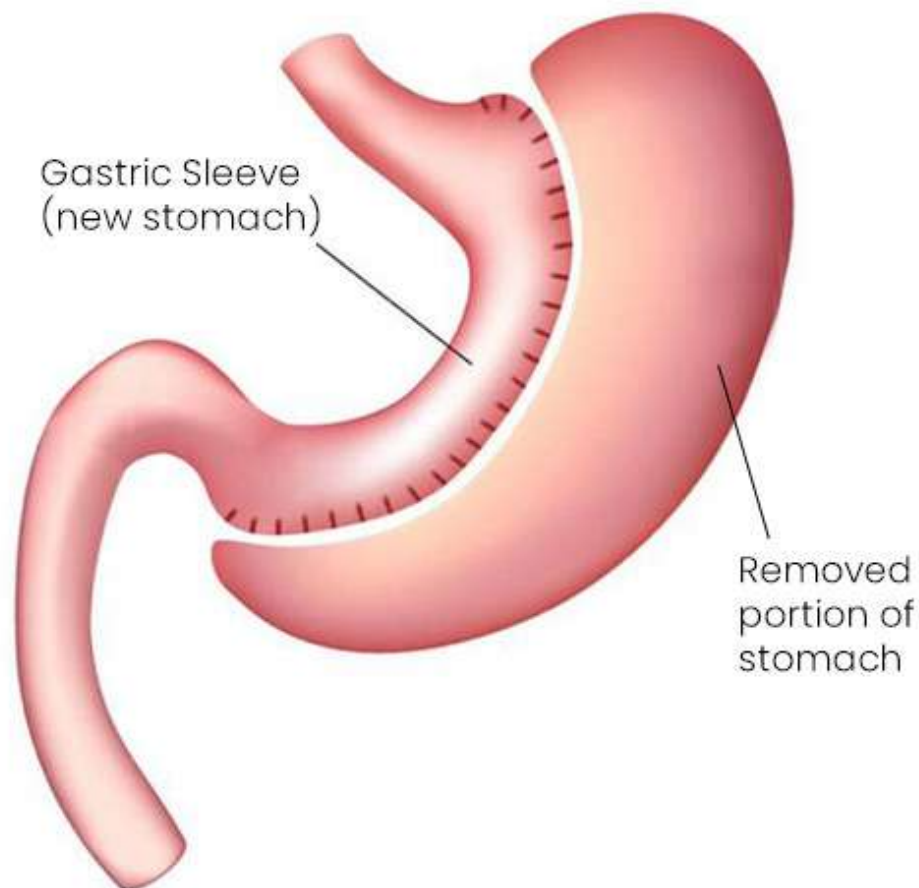


GASTRIC SLEEVE SURGERY

The gastric sleeve is a restrictive procedure but does NOT affect the absorption of food.

It's a relatively safe surgery in which 80% of your stomach is removed, on average it's removed two-thirds of it, depending on the size of each patient's stomach.

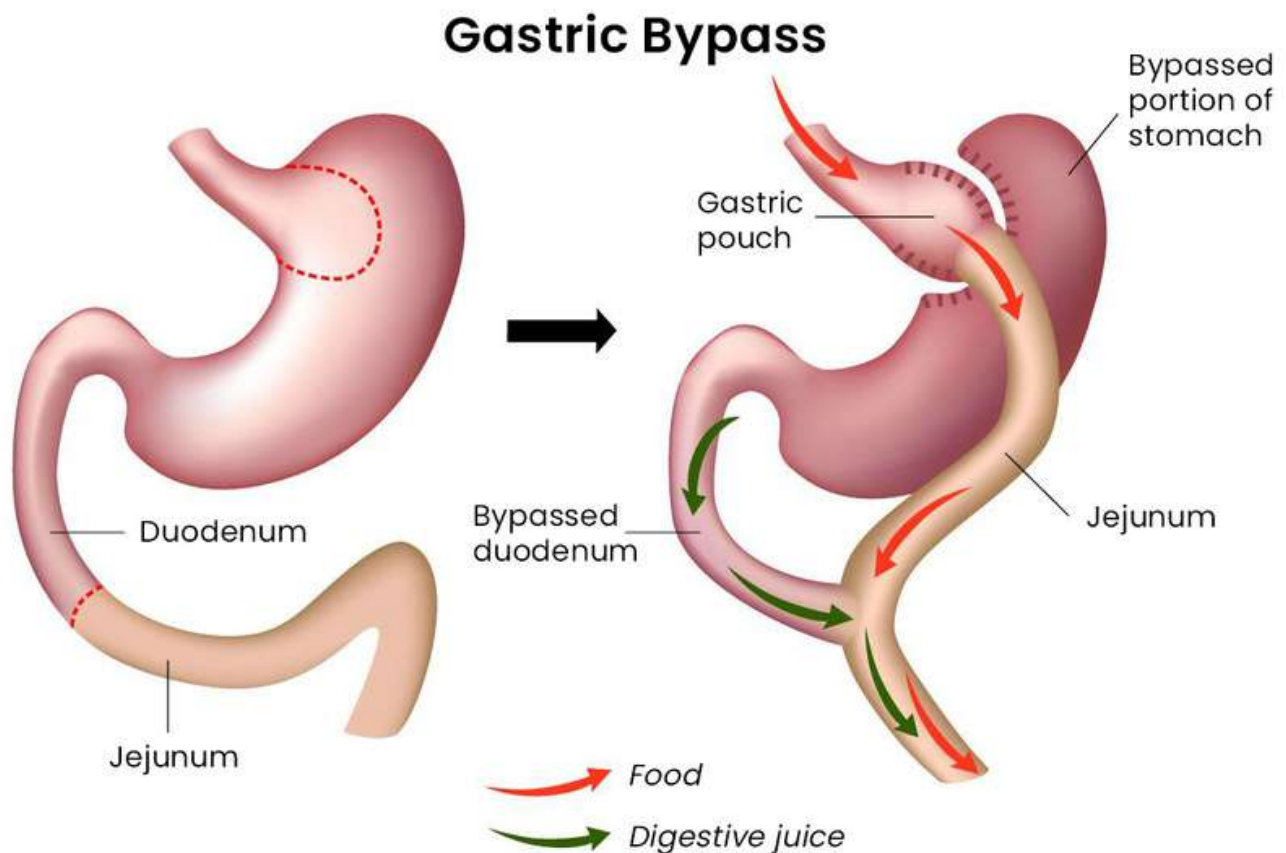
The portion of the stomach where the hormone called ghrelin is mainly produced gets removed. This hormone is responsible for sending the message to your brain that tells "I'm hungry" which helps you decrease the appetite and makes it more comfortable to carry a diet and lose weight.



GASTRIC BYPASS SURGERY

Bypass surgery consists of reducing the size of your stomach (remaining approximately your stomach the size of a golf ball) creating a bridge between the stomach and the small intestine, shortening the length of the intestine that is in contact with food which reduces the amount of food absorbed.

This surgery is considered a mixed procedure because has two effects: restrict or limit the amount of food and also reducing its absorption (malabsorption).



FACILITIES



FACILITIES



WORK POSITIONS

- 1990–1991 Chief resident in general surgery at Specialty Hospital at the medical center “ La Raza”.
- 1993–1996 Academic tutor for residents in general surgery at Hospital General in Tijuana, Mexico.
- 1997– 1998 Medical director of Nova Hospital and medical center.
- 1995–2016 General surgeon and Bariatric surgeon for Renovate Hospital
- 1997–2016 Chief surgeon in laparoscopic and general and Bariatric surgery at Nova Hospital and medical center.
- 2007–2016 Head General surgeon for Bariatric and laparoscopic surgeries for Unidad Campestre Clinic.
- 2014–2016 Head General surgeon on staff for Bariatric and Laparoscopic surgery for Vida wellness and beauty Hospital.
- 2014–2016 Head General and Bariatric surgeon for Valdovinos medical clinic
- 2016 Bariatric surgeon for South San Diego Clinic.
- 2006 / Actual - Bariatric and laparoscopic surgeries for Obesity Relieve.

WORK HISTORY

- 1987–1988 Physician on duty at Notre dame Hospital in Tijuana, Mexico
- 1991–1992 General Surgeon on staff at Regional Hospital, IMSS #20, Tijuana, Mexico
- 1992–1994 General surgeon on staff at ISSSTECALI Hospital in Tijuana, Mexico
- 1992–1997 General surgeon on staff at Hospital General in Tijuana, Mexico
- 1993–2015 Surgical Chief in general surgery and laparoscopy at Nova Hospital and medical center.
- 2014–2015 Bariatric surgeon a Vida wellness and beauty Hospital
- 1991– 2015 General surgeon for several private practice hospitals in Tijuana, Mexico

ESTUDIES

- 1980–1985 Autonomous University of Baja California, campus Tijuana obtaining Medical degree in General Medicine.
- 1985–1986 Medical Internship at IMSS #20 Regional Hospital in Tijuana.
- 1986–1987 Medical social service at Otay health community center.
- 1988–1991 Medical residency in general surgery at Specialty medical centre “La Raza” in Mexico City.

CERTIFICATES

- 1988 XXV national reunion of the international college of surgeons.
- 1989 Preconvention meeting for gastrointestinal surgery from the Mexican society of general surgery
- 1989 XIII national congress of surgery from the Mexican society of general surgery
- 1990 Cancer course for the general surgeon from the Mexican society of general surgery
- 1990 XIV national convention for surgery from the Mexican society of general surgery
- 1991 Certificate from the Mexican consul of general surgery
- 1993 Advanced Trauma Life Support course from the Trauma committee and the American college of surgeons.
- 1993 Course on Life support measures in trauma provided by the Health Department of General Hospital in Tijuana
- 1993 II international course form Laparoscopic surgery from the Mexican society of Laparoscopic surgery.
- 1994 Preconvention course in Advanced Laparoscopic surgery from the Mexican society in Laparoscopic surgery
- 1994 Latin–American convention and III National convention of endoscopic surgery from the Mexican society of endoscopic surgery and the Mexican society of endoscopic surgery and Latin–American society in endoscopic surgery.

CERTIFICATES

- 1994 Actualization course in pneumology and thoracic surgery from the Autonomous University of Baja California.
- 1994 Monographic course in pneumology and thoracic surgery from the Mexican society in thoracic surgery and the autonomous university of Baja California.
- 1995 Course on the clinical and surgical aspects of the gastrointestinal patient from the gastrointestinal society of Baja California.
- 1995 Surgical course on the digestive tract from the University California San Diego and from the surgical society of the digestive tract.
- 1996 Convention teacher on Acute Pancreatitis, Current concepts from the medical society of alumni from the Autonomous University of Baja California.
- 1996 Management of laparoscopic surgery complications from the Mexican society of general surgeons.
- 1996 XX National convention for general surgeons from the Mexican society in general surgery.
- 1997 Course in laparoscopic approach form Inguinal Hernia repair from the Mexican society of laparoscopic surgery.
- 1997 Fellowship in Hospital administration from Pacific school.
- 1998 VII International convention of endoscopic surgery from the Mexican society for laparoscopic surgery.
- 1999 VIII International convention of endoscopic surgery from the Mexican society for laparoscopic surgery.
- 1999 International symposium for multi-disciplinary Obesity management from the Internal medicine society of Tijuana and the surgical college of general surgeons in Tijuana
- 2000 IX International convention of endoscopic surgery from the Mexican society on endoscopic surgery and the college of general surgeons in Tijuana
- 2000 XI Multi-disciplinary Medical convention from the medical society of alumni from the Autonomous University of Baja California

CERTIFICATES

- 2001 Convention teacher on general subjects regarding laparoscopic surgery at Hospital Nova
- 2007 Training course on Gastric Band Placement by the Mexican society on Endoscopic surgery and IMSS.
- 2014 Course on Single port technique by Coviden
- 2015 Course on frontiers without limits regarding Bariatric surgery from the Mexican society for endoscopic surgery and the Mexican college on endoscopic surgery.



EL COLEGIO DE CIRUJANOS BARIÁTRICOS
Y ENFERMEDADES METABÓLICAS
DEL ESTADO DE BAJA CALIFORNIA
OTORGA LA PRESENTE

Constancia

A: Dr. Oscar Rosendo Lumban Gutiérrez

SOCIO ACTIVO

Dr. José Sergio Verboonen Sotelo
PRESIDENTE

Dr. Jaime Ponce de León Palomares
VICEPRESIDENTE

Tijuana, BC a 11 de Marzo del 2020



Tijuana B.C 4 Noviembre del 2020

A QUIEN CORRESPONDA:

Por este medio extendiendo un cordial y respetuoso Saludo. El Colegio de Cirugía Bariátrica del Estado de Baja California A.C (CCBEMBC) Hacemos de su conocimiento que el Dr. Oscar Rosendo Lumban Gutiérrez con número de cedula: 1402838. Confirmando que es un miembro respetable y pertenece como socio fundador de nuestro honorable colegio (CCBEMBC).

El Dr. Oscar Rosendo Lumban Gutiérrez, Ha demostrado una insaciable motivación por la excelencia, esfuerzo y dedicación. Es un socio activo de nuestro colegio y es un orgullo que el pertenezca a nuestro colegio.

Sin más por el momento, me despido de usted y para los fines que mas convengan, se expide la presente.



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Mesa Directiva 2018 - 2020

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Dr. José Alberto Carlos Rivas
Comisión de Credencialización

Atentamente:

Dr. José Sergio Verboonen Sotelo

Presidente CCBEMBC



Otorga la presente

CONSTANCIA

A:

OSCAR LUMBAN GUTIERREZ

Por haber concluido satisfactoriamente el

**II CONGRESO NACIONAL DE CIRUGÍA DE REVISIÓN, TRATAMIENTO
MULTIDISCIPLINARIO DEL PACIENTE CON REGANANCIA DE PESO**

Realizado del 21 al 23 de Febrero de 2019

Duración de 20 horas con valor curricular.

Dr. Nelson R. Rodríguez Huerta
Presidente CMCOEM 2017-2019

Dr. Miguel Ángel Dorantes Lagos
1er. Secretario del CMCOEM

cmcoem.org.mx



Otorga la presente

CONSTANCIA

AL:

OSCAR LUMBAN GUTIERREZ

Por haber concluido satisfactoriamente el

**XX CONGRESO INTERNACIONAL DE CIRUGÍA PARA LA OBESIDAD Y
ENFERMEDADES METABÓLICAS**

Realizado del 03 al 07 de Julio de 2018

Duración de 20 horas con valor curricular.

Dr. Nelson R. Rodríguez Huerta
Presidente CMCOEM 2017-2019

Dr. Miguel Ángel Dorantes Lagos
1er. Secretario del CMCOEM

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